At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you.

## Free 8-Week Parenting Program!

For caregivers of children 0-8 yrs

DATES: THURS OCT 23- DEC 11

TIME: 8:45-10am

WHERE: Mother Goose room, Early

Years Center

1001 MacKenzie Avenue

The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

If you are interested in participating in this group or future offerings scan the QR code

or call/email at: 778 252 5202 ext 118 IDP@community-connections.ca

Childminding may be available to attend. Please note this in your registration







